



Be Jensen

Speaker • Trainer • Certified DreamBuilder® Coach

"Energy & Passion!"

For over 35 years, Be Jensen has worked with organizations and individuals, helping them reach their goals, accelerate their results, and create richer, more fulfilling lives and careers.

Be Jensen is a motivational speaker, an inspirational leader, and a transformational coach, fully certified by world-renowned experts on leadership development and coaching

As a sought-after speaker and trainer, Be Jensen has offered transformational workshops to organizations around the country.

Whether it is a short 10-minute talk, a 'Lunch & Learn' training, a motivating keynote speech, or an afternoon workshop – your group, organization, or company will be ignited by this training, and they will "THANK YOU" for bringing Be Jensen to them.



"The coaching sessions helped me to become a good leader. As my coach, Be Jensen was extremely helpful. She took her time to learn about all my concerns and challenges. We worked on resolving existing conflicts. By the end of the sessions, I left confident and happy. I wish that everyone would have a similar opportunity to have such a great coach like Be."

Olga C., Director, Brooklyn, New York

The following program can be customized for any group.

THE *Vision* WORKSHOP 3 Keys To Accelerating Your Results

During this dynamic and fun training, you will have an opportunity to define, design, and experience your dream – and receive the blueprint for how to turn your greatest possibility into your reality.

You will learn:

- Two essential keys for tuning into your purpose.
- Simple thinking-strategies that will guard you from fear, doubt, and worry.
- What wealthy people do that creates sustained success.
- The number one factor that causes people to lose steam when going after a dream, and how to stay motivated and override it.
- The 1 critical thing you must give up in order to reach your dream.
- And much more!

"Loved your energy, transparency & passion for the good work that you do. Your spark & love for life is evident. Never lose it!"

~ Michael M., Albany, NY

Be also speaks on leadership development, effective communications, conflict management, valuing diversity, and emotional intelligence.

To book Be Jensen to speak for your group, company, or organization, or to request more information please contact Be at:

Be@life-career-transformation.com

or call 551-697-5617

Be Jensen speaks on a wide range of topics such as:

- Leadership Development
- Effective Communications
- Conflict Management
- Emotionally Intelligent Workplace
- Valuing Diversity & Appreciating Differences

She is available as a guest speaker or as a presenter through Lunch and Learn sessions, webinars, or workshops. These presentations can be custom-tailored to meet individual or organizational needs.

Leadership Development includes:

- Developing the Leader in You
- Developing Leaders Around You
- LeaderSHIFT
- Leadership through Crisis
- High Road Leadership
- 21 Irrefutable Laws of Leadership

Effective Communications include:

- Reflective Listening
- Say What You Mean & Mean What You Say
- Many Communicate, Few Connect
- 16 Laws of Communications

Conflict Management includes

- Self-Management, First Step to Conflict Management

Emotionally Intelligent Workplace includes

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Management
- Organizational Awareness

Valuing Diversity & Appreciating Differences

- Iceberg Theory of Culture
- D.I.E. Technique

Be also conducts assessment on client's:

- Socio-Emotional Quotient
- Communications Style
- Leadership Assessment

For details on these offerings, please contact Be at:

Be@life-career-transformation.com

551-697-5617



Be Jensen's Profile

Be Jensen is a motivational speaker, inspirational leader, and a transformational coach, fully certified by world-renowned experts on leadership development and coaching.

As a **Dream Builder Coach** certified by the **Brave Thinking Institute**, Be helps clients envision, design, and manifest the lives they absolutely LOVE.

Be Jensen is also a **fully certified trainer, speaker, and coach with the John Maxwell Leadership Team**, who are committed to equip, influence, and inspire leaders to live and lead with passion and purpose.

As an **NYU Certified Executive and Organizational Coach**, Be helps leaders build stronger teams who produce better results. She has transformed emerging leaders into confident and capable executives through individualized coaching or group training.

As a **certified facilitator of the "Now What" program**, Be takes career changers through a 90-day transformational journey of self-discovery to gain clarity and courage to pursue a new direction in their lives and careers.

Be's passion is to inspire clients to become the best version of themselves, harness their true potential, attain outstanding results, and live happier, well-balanced, and meaningful lives. She truly believes that everyone has the power to claim the life that they truly love and deserve.

Be's inspiration comes from the wisdom of Mahatma Ghandi who said:

"Be the change you want to see in this world."